

July 2019 REPORT



Toronto Foundation for Student Success





Student Nutrition Programs

Every school day, thousands of students across Toronto arrive at school with a yummy breakfast or morning meal waiting for them, giving them the energy they need to focus and thrive. It's thanks to support from the Hadden Family Foundation's Feeding Hungry Minds Program that the schools you support were able to feed 7,799 students over 1,400,000 meals last year! The long-term attention to sustainability that your support provides gives programs the security they need to be able to think long-term and develop new budgets, menus, fundraising techniques, and ordering processes needed to set them up for a sustainable future.

beyond 3:30

The support the Hadden Family Foundation has provided to ***beyond 3:30*** continues to impact students in the best possible way. This year, we were able to reach new, younger students through our ***beyond 3:30 Junior*** pilot, cook up something special through our Junior Chef's Culinary Challenge, build confidence and new skills through the "Girl Strong" program, encourage activity and teamwork through our baseball and basketball tournaments, and watch our students shine in Beyond's Got Talent. It was a busy, fun-filled year, and we can't wait to do it again come September.



Thank You!

Since 2013, the Feeding Hungry Minds Program has supported the nutrition programs in the following schools in Toronto:

Albert Campbell C.I.	Emily Carr P.S.	Native Learning Centre East
Anson Road P.S.	Finch P.S..	North East Year Round Alternative Centre
Anson S. Taylor Jr. P.S.	First Nations Jr. and Sr. School of Toronto	Northview Heights S.S.
Banting and Best P.S.	Flemington P.S.	Oakridge Jr. P.S.
Berner Trail Jr. P.S.	General Brock P.S.	Orde Street P.S.
Beverley Heights M.S.	George P Mackie Jr.P.S.	Pauline Johnson Jr. P.S.
Birchmount Park C.I.	Golf Road Jr. P.S.	Perth Avenue Jr. P.S.
Bliss Carmen Sr. P.S.	Grey Owl Jr. P.S.	R.H. King Academy
Bloordale M.S.	Guildwood Jr. P.S.	Regent Heights P.S.
Bowmore P.S.	H.A Halbert Jr. P.S.	RH King Academy
Briarcrest Jr.S.	Highland Heights Jr. P.S.	RJ Lang P.S.
Buchanan P.S.	Hilltop M.S.	Samuel Hearne M.S.
Carleton Village Jr. and Sr. Sports and Wellness Academy	Humber Summit MS	Scarborough Village P.S.
Cedar Drive Jr. P.S.	Inglewood Heights Jr. P.S.	Shirley St Jr PS/City View Alt Sr School
Cedarbrook P.S.	John A. Leslie P.S.	Sir Alexander McKenzie Sr. P.S.
Charles Gordon Sr. P.S.	John McCrae P.S.	Sir Ernest MacMillan Sr. P.S.
Chester Le Jr. P.S.	Joseph Brant Sr. P.S.	Sir Wilfrid Laurier C.I.
Chief Dan George P.S.	L 'Amoreaux C.I.	Sprucecourt P.S.
City Alternative School	Leslieville Jr PS	St. Margaret's P.S.
Don Mills C.I. / Don Mills M.S.	Lester B Pearson C.I.	Stephen Leacock C.I.
Dorset Park P.S.	Lord Roberts Jr P.S.	Subway Academy
Driftwood P.S.	Lucy Maud Montgomery P.S.	Tecumseh Sr. P.S.
Dublin Heights Jr&MS.	Lynnwood Heights Jr. P.S.	Walter Perry Jr. P.S.
East York Alternative S.S.	Malvern Junior P.S.	Wellesworth Jr. P.S.
Eastview Jr. P.S.	Martingrove C.I	Westview Centennial C.I.
Edgewood P.S.	Mary Shadd P.S.	Westwood M.S.
Elmlea Jr School	Melody Village Jr. P.S.	Winston Churchill C.I.
Emery C.I.	Muirhead P.S.	York Humber H.S.



Programs that met their goals and are now sustainable!

Bloordale Middle School

Number of students: 360

Bloordale M.S., founded in 1960, is nestled in the middle of four elementary schools. The grade 6, 7, and 8 students who attend this school represent diverse socio-economic and ethnic backgrounds. The school's credo, "Together Everyone Achieves More," and the school's behaviour code, reinforce Bloordale Middle School's dedication towards maintaining a safe, respectful and positive learning environment.

The morning meal program at Bloordale continues to provide healthy food to students five days a week. The support they've received has enabled them to build a program that lasts throughout the entire school year. They have a new Coordinator starting in September, who has already been trained and is ready to go, and we're looking forward to seeing what new growth this will bring.



Hilltop Middle School

Number of Students: 570

Hilltop Middle School, founded in 1958, is located in a residential neighbourhood in the Royal York and Westway area. It is a dual-track school, offering both English and French Immersion instruction. Approximately 570 students, rich in cultural and socio-economic diversity, attend Hilltop. The French Immersion program draws students from the entire West End of Toronto. Nearly a quarter of the families are led by single mothers and many more live at or near the poverty line.

Having found additional funding sources, with the support of TFSS staff, the nutrition program at Hilltop is doing very well. With a new Coordinator in place, and great support from their Administration, the program is now sustainable, and they are sure to thrive for years to come.



Programs that met their goals and are now sustainable!

Dublin Heights Elementary and Middle School

Number of Students: 840

Dublin Heights has a proud tradition, going back to 1823, of educating young people in the Bathurst and Sheppard community.

Their school includes over 800 students speaking over 20 languages. Almost half of their students speak English as a second language with Russian as the predominant first language among ESL students. Dublin Heights hosts special education programs, including Grades 7 and 8 Gifted programs, a Physical Needs program, and Grades 5-8 Deaf and Hard of Hearing District-wide programs. Students are integrated into regular classes and resource support is provided as required by available support staff.

Dublin Heights' nutrition program is doing really well. This year, they got students involved, collecting their feedback on what foods they'd like to see offered, and expanding their menu options based on the students' suggestions. They're working to expand their kitchen equipment so that they can offer even more fruits and veggies as requested by the students themselves! Their Coordinator is wonderfully organized and committed to the program, setting it up so that it is sustainable and will continue to thrive.



We would like to take this opportunity to thank the Hadden Foundation for its kind and generous Hungry Mind's grant donation. Your generosity assists in feeding our rather large student population. At Dublin, we are proud of the fact that we are 900 strong. Please know that your kind and generous donation is most helpful in feeding the students here at Dublin Heights, all the way from Kindergarten, up to grade 8.

Our students have come to love and depend on the nutrition program, that is a staple here at Dublin Heights. They look forward to the nutritious snacks and they revel and relish in the opportunity to have fine and nutritious snacks provided to them, every morning. Our students comment that they "love the snacks" and that "they look forward to their arrival, each and every morning."

We are grateful for any and all supports from the Toronto Foundation for Student Success. Your generosity helps to keep our snack program running effectively and securely, in the knowledge that we are able to keep the rich tradition of providing snacks to all of our students, due in part, to the kind and thoughtful donation from the Hadden Foundation. We truly appreciate your kindness and generosity.

Danny Gallucci

Toronto District School Board
Vice-Principal, Elementary
Dublin Heights E & MS

Lynnwood Heights Public School

Number of Students: 170

Lynnwood Heights is located in the Agincourt community on the north side of Southlawn Drive. The school serves approximately 170 students representing many different cultures. About 80% of their students have a first language other than English.

With their Coordinator now comfortable in her role, she is confident in her new computer skills and submits her reports online with ease. The program is always looking for new nutritious foods for students to try, keeping students engaged and eager to participate. Cucumber sandwiches were this year's big hit!



Programs that met their goals and are now sustainable!



George P Mackie Junior Public School

Number of Students: 150

The school is located in a residential neighbourhood southeast of Markham and Kingston Roads, just north of the Scarborough Bluffs. They serve 150 students from kindergarten to grade six in a mixed income community. The teachers at George P Mackie work to really integrate the students and use sports and leadership opportunities to build their school community.

The program at George P Mackie continues to build on the support provided by the Hadden Family Foundation and TFSS. This year, they have reduced their food costs while maintaining a menu of three food groups daily. Their budget is in great standing and now, as a thriving and sustainable program, they are all set to continue to flourish in the new school year.

Mary Shadd Public School

Number of Students: 25

Students at Mary Shadd P.S. represent 18 nationalities and speak many languages. Their breakfast program is well run and has support from a great group of student volunteers. With the support they've received from the Hadden family, they are in good shape. Next year they plan on teaming up with the student athletes to promote having a healthy breakfast after their morning sports team practices, for a great start to the day.

Muirhead Public School

Number of Students: 280

Muirhead PS is a Junior Kindergarten to Grade 6 elementary school located in the Pleasantview community. Over 70% of the students at Muirhead PS were born outside Canada and 62% are learning English as a second language at school. It is a busy school with special education and main stream programs.

The program at Muirhead continues to grow, increasing in numbers from 225 to 280, having welcomed an influx of Syrian refugees to the school. The program has helped ensure these new students receive a healthy meal each day and provides an opportunity for them to engage with their school community. While increasing parental contributions is a challenge, Muirhead is able to thrive thanks to the wonderful parent volunteers. They get creative to make the most of each dollar, making them nutrition program "trendsetters" when it comes to the foods they offer (smoothies, banana oatmeal, soups and homemade trail mix, just to name a few!).

Briarcrest Junior Public School

Briarcrest Jr. P.S. is located in the vicinity of Centennial Park (Renforth and Eglinton). Founded in 1958, it has educated the neighbourhood's children for over half a century. Along with their standard classes, they offer special education classes for children with autism and behavioural challenges and an extended French program. They pride themselves on having a high level of academics, extra-curricular activities, and community involvement. With a childcare centre on site, they look to support children and families during the formative years.

Briarcrest's program ran into some challenges this year as, having lost their previous Coordinator, they were unable to find a replacement. With their nutrition program's infrastructure still in place, the TFSS will be there in September to help find a new Coordinator and reanimate the program for the new school year.



Programs that received a one-time donation

Subway Academy Two

Number of Students: 102

This Alternative High School is located in downtown Toronto and helps students with multiple barriers get their High School Diploma. Many of the students live independently and are holding down jobs while going to school. With the funds provided by the Hadden Family Foundation, Subway Academy II was able to purchase much needed equipment, such as a new fridge, microwave, toaster and blender. Now, students drink a healthy green smoothie at Subway every day!

Guildwood Junior Public School

Number of Students: 110

Guildwood Jr. P.S. was a previous recipient of a Feeding Hungry Minds grant and they successfully grew to become sustainable. This year, they have maintained a thriving program, running at full capacity for the full school year. As the year comes to a close, they will be using their funds to purchase a brand new trolley and kitchenware to set them up for the new school year.

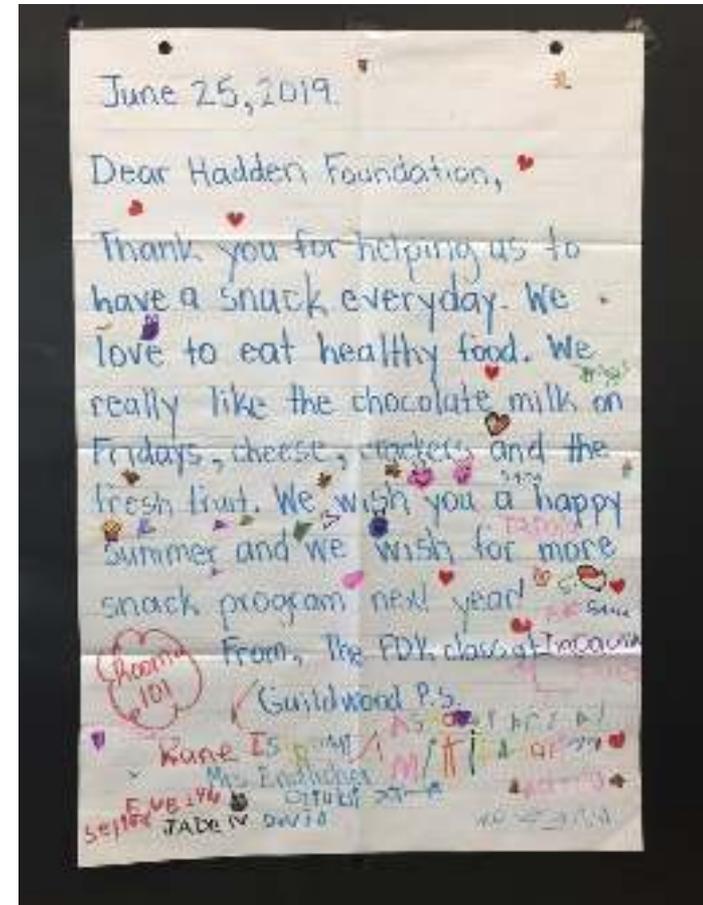


“Our nutrition program is the figurative (and literal) carrot that brings students into our building and keeps them there. Our nutrition program is also a critical component in how we build community with each other. And lastly, our nutrition program is one of the fundamental ways that we show our students that we care.”
- Curriculum Leader, Subway Academy II

Central Etobicoke High School

Number of students: 145

The program at Central Etobicoke High School is extremely well run. While the community is very low income, the school has found creative ways of ensuring food is available to all their students. The funds they received this year allowed them to make some much-needed equipment upgrades to better meet the needs of their students. In doing so, they’ve enriched their program, particularly by involving their special needs students in the meal prep and delivery process each day. This has been a wonderful way for them to develop life skills and work experience, and has given them a new and meaningful way to participate in their school community.



Programs in their 1st Year

Beverley Heights Middle School

Number of Students: 430

Beverley Heights Middle School is situated in the Black Creek Community. It is a triple track Middle School that provides English, Immersion and Extended French programs for students in grades 6, 7 and 8. Beverley Heights is a multicultural school, with over 30 languages represented in various cultural and ethnic groups from all over the world. The dedicated staff works closely with parents to create a kind and caring learning environment.

The nutrition program at Beverley Heights MS has made great progress in building a strong program foundation. While they are feeding students three days per week, they have secured additional funding and are participating in new purchasing initiatives in order to better stretch each dollar. The Hadden Family Foundation's support is greatly helping them in working toward their goal of providing food to all students, five days a week and we're looking forward to watching them grow in the new school year.



Teachers please ask your students:
Room # 22

Students of Elmlea

We want to hear from you.
Please give us some ideas of what you would like for our daily snack.
Remember to keep your suggestions healthy and peanut free.
Write it down and drop it in the sac mail box in the staff room by January 30th.

small apples	- grapes
-cottage cheese	- large berries
- milk	- fruit
- cheerios w/ milk	- apple juice
- fruit filled granola bars	- trail mix
- carrots	- crackers
- oranges	- cut up cheese
- cheerios	
- strawberries	
- yogurt	
- cucumbers and dip	
- popcorn	

Elmlea Junior School

Number of Students: 450

Elmlea Junior School is located in the Rexdale community at the 401 and Islington Avenue. Elmlea serves over 400 students representing a number of different language and cultural groups. It is a dual track school offering both regular English and French Immersion programs.

The nutrition program at Elmlea Jr School has a newly formed nutrition committee comprised of parent volunteers, with the goal of making sure the program is inclusive, accessible to all students, successful and sustainable for the future. With the support provided by the Hadden Family Foundation, they've reached out to local vendors to procure the freshest and most cost-effective products to serve to students, adding a new layer of sustainability to the program.

"I'm now able to serve my kid salad at home because of the snack program! I never knew he liked it (and neither did he!) till he watched all his classmates eating it and he loved it too!"
– Parent, Elmlea Jr School



Programs in their 1st Year

Humber Summit Middle School

Number of Students: 500

Humber Summit Middle School is located near Finch and Islington. It draws students from a large attendance area, reaching from near Islington and Steeles to Weston and Wilson. The students Humber Summit serves represent diverse cultural, racial, and faith backgrounds. With the support this program has received through the Hadden Family Foundation, it has succeeded in serving students nutritious food for the whole school year. They continue to build awareness in their school community and are committed to building a strong program on the foundation they've created.



Shirley Street Junior Public School

Number of Students: 177

Shirley Street Junior Public School is located near the southwest corner of Dundas Street and Brock Avenue. It is a small school with a highly diverse population. Shirley Street is an Integrated International Languages Extended Day school. Students choose to study Portuguese, Chinese or Spanish.

The building also houses City View Alternative school. The families at Shirley Street have greater financial barriers than those at the alternative school and the team at Shirley Street subsidizes their program by preparing the food for both schools. With the support they've received, they've been able to ensure that all students have access to healthy food for the entire school year. Staff members have noted that not all students bring food from home every day, making their Morning Meal all the more important.



Leslieville Junior Public School

Number of Students: 355

Leslieville P.S. is a community school in a mixed income community. While the neighbourhood is seeing increased gentrification, the families of the students at the school do not enjoy the same levels of income. They have an amazing Coordinator who has been a staple in the school community for over 20 years. Raising funds through parental contributions can be challenging for this program, and the Feeding Hungry Minds support, combined with the dedication of their volunteers, has had a huge impact.



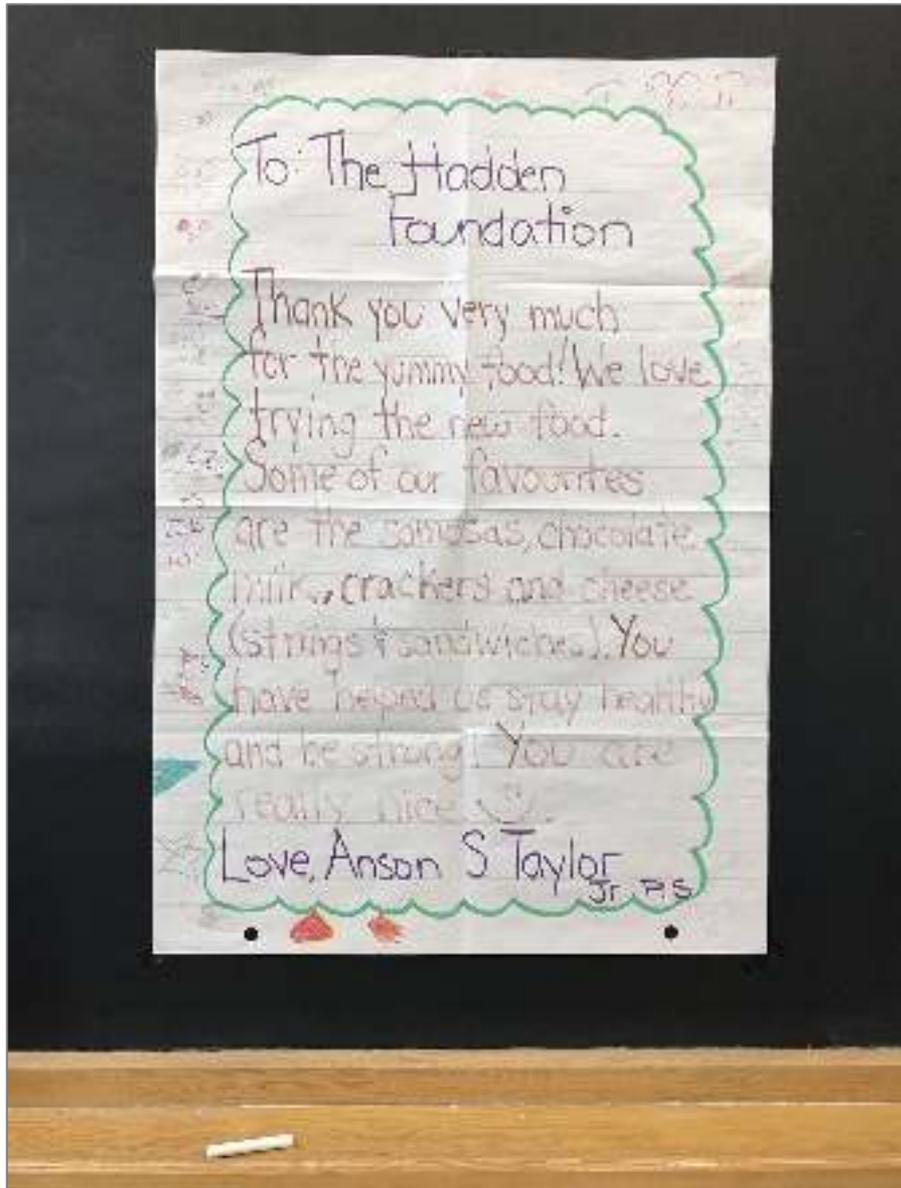
Programs in their 1st Year

York Humber High School

Number of Students: 250

York Humber has an outstanding educational program focusing on career, life and employability skills for students. As a congregated special needs school, they offer students many courses designed to increase employability, literacy and numeracy skills. The nutrition program at York Humber has become a fixture in the school, and is hugely relied upon. With long bus rides in the morning, many students are hungry by the time they arrive. Knowing a meal is waiting is extremely helpful. On top of that, the program offers a great opportunity for students to perform simple tasks which help greatly with their life skills, including counting, hygiene, food prep, sticking to a routine and social interaction. With the support provided through Feeding Hungry Minds, they purchased a Vitamix blender and were able to expand their menu. From here, they are looking to purchase additional kitchen equipment in order to offer more hot breakfasts and have students get further involved in the kitchen.





Anson S Taylor Junior Public School

Number of Students: 230

Anson S. Taylor Jr PS is nestled within a quiet residential neighbourhood in northeast Agincourt. There are approximately 230 children enrolled and the majority speak a primary language other than English. Largely South Asian and East Asian, a full 95% of the parents were born outside of Canada and many are living below the poverty line.

With the support they've received from the Hadden Family Foundation, Anson S Taylor's nutrition program has been able to expand to serving nutritious food 5 days per week. Ensuring their hungry tummies are fed gives students the energy and focus they need to thrive each day.

Finch Public School

Number of Students: 320

Finch Public School was built in 1951 and is situated within a diverse community made up of single family homes, townhouses, apartment buildings, condominiums, and a housing complex.

There are approximately 320 students enrolled at Finch PS where they provide an excellent education for children in the regular program, the autism transition program, the English as a second language program, and in the home school program. What the programs all have in common is a need for healthy food for the students.

With the support received from Feeding Hungry Minds, their nutrition program was able to continue to serve students a morning meal, consisting of three food groups each day. They've expanded their menu variety, and their students look forward to it every morning.

Programs in their 2nd Year

Lester B Pearson Elementary and Middle School

Number of Students: 530

As a French Immersion Centre, children come from a large catchment area to attend Lester B Pearson and families are very committed to the school and to their children's education. This makes for a very diverse school; both in terms of backgrounds and incomes.

Having overcome numerous electrical and plumbing challenges in previous years, Lester B Pearson's nutrition program thrived this year, under the leadership of a wonderful and enthusiastic new Coordinator. With great support from school staff and administration, their morning meal flourished with a wide variety of foods and a great group of volunteers.

Lord Roberts Junior Public School

Number of Students: 400

Lord Roberts Jr PS is home to over 400 students – 78% of whom speak a first language other than English. The community is very engaged with the nutrition program, and the staff and administration support it greatly. This year, after successfully applying for funding, the program was very motivated to lower food costs to increase their sustainability. Using best practices they have been able to significantly lower their food costs, and are well situated to continue thriving in the new school year.



Lester B. Pearson Elementary School

7 Snowcrest Ave, Toronto, Ontario M2K 2H3

• Tel: (416) 293-2639 • Fax: (416) 293-2638

K. Galeano, Principal

N. Persaud, Vice-Principal

July 2, 2019

To whom this may concern:

On behalf of the students, and staff at École Élémentaire Lester B. Pearson, we would like to thank The Hadden Family Foundation for their financial support of our School Nutrition Program.

The generous support by The Hadden Family Foundation has enabled our Student Nutrition Program to expand our menu selection to include a wider variety of fresh fruits and vegetables, and increase service to our students from 3 days to 5 days. Feedback from our students indicates that the morning meal is an invaluable service for many students who come to school without having breakfast. They commented that they look forward to the morning meal because of the variety of food and that it "tastes good."

The impact of our partnership with The Hadden Family Foundation has helped us support student wellbeing and achievement. We would not have been able to improve our service to students without the generosity and support from community partners like the Hadden Foundation.

Thank you!

K. Galeano
Karen Galeano
Principal

N. Persaud
Naomi Persaud
Vice-Principal



Programs in their 2nd Year

Lucy Maud Montgomery Public School

Number of Students: 50

The school is located in the south-eastern Malvern Community of single, semi-detached, and town house residences. Largely low-income, the families at Lucy Maud Montgomery sometimes struggle to feed their families enough healthy food. Nearly half of the students at Lucy Maud Montgomery are in special needs programs and that often puts additional financial pressures on a family's financial situation.

To encourage students to participate in the breakfast program, Lucy Maud made arrangements for their student athletes to come to the program after their morning practices to reenergize before classes start. In continued effort to reach as many students as possible, the program plans to switch from breakfast to morning meal next year, so that all students can access food in their classrooms.



Perth Avenue Junior Public School

Number of Students: 375

Committed to excellence since 1889, Perth Avenue Public School is located in the Dupont/Symington area. Perth is a vibrant inner city community of many languages, cultures and religions. The school community serves approximately 375 students from Kindergarten to grade 6. Perth Avenue Public School offers Early French Immersion Programming as well as regular English programming. Nearly one third of the students at this school are enrolled in special needs programs and a full one third speak a first language other than English. Half of the families with children at this school are living low or very low income and too many are not getting enough healthy food to eat. The nutrition program at Perth Avenue PS has continued to grow. This year they were successful in improving their food ordering process, and have a sustainable budget.



Programs in their 2nd Year



Winston Churchill Collegiate Institute

Number of Students: 225

Winston Churchill Collegiate Institute serves a diverse cultural community. Their staff is dedicated to providing programs and opportunities which will prepare their students to contribute effectively in a rapidly changing world. Their *Community Place for Learning* is founded on mutual respect. They celebrate cultural diversity, leadership and academic excellence.

This year, with the support from the Hadden Family Foundation, the breakfast program at Winston Churchill CI was able to invite every student in the school to enjoy a healthy breakfast and approximately 225 students participated every day!

Westwood Middle School

Number of Students: 380

Located in East York, Westwood has a very active and diverse community of learners with programs that range from the regular classroom setting to those that support various learning exceptionalities; including programs for children new to Canada.

The breakfast program at Westwood is running very well. With support from the Feeding Hungry Minds program, they have improved their budgeting from last year, and continue to feed the whole school each day.





It's amazing how a program can flourish when it's built on a solid foundation. The continued support of the Hadden Family Foundation has given **beyond 3:30** the foundation we need to grow and expand, reaching new students, and enriching our programming in new and exciting ways.

Riding off the success of last year, this September we were overwhelmed by the number of students who had registered for **beyond 3:30**. For the first time since it became mandatory for students to attend a minimum of three nights per week, we had to start waiting lists at a number of the sites. While this was a good problem to have, it was still a problem as we never want to turn away students. We're happy to report that we hit the ground running and worked hard to provide more staff members and healthy food so that every student who wanted to participate could.



The jump in attendance wasn't the only part of the program that increased this year. **beyond 3:30** has expanded again. We know that developing a strong foundation of study skills and healthy eating and physical activity habits starts young. The earlier we can get students involved in the type of programming offered at **beyond 3:30**, the stronger the impact will be. That's why, this time we have created a program designed for a younger group (ages 7-10). Developing healthy habits, and a strong foundation of study skills **beyond 3:30 Junior** was piloted at two schools this year and based off the success we've seen, we are hoping to increase to four schools next year.

This growth couldn't have happened without the sense of security that the continued support from the Hadden Family Foundation has given **beyond 3:30**. Watching students participating in **beyond's** workshops, field trips, sports tournaments, talent shows and daily academic and health-focused programming, we know that the possibilities are endless. We're excited to keep building and creating new opportunities for our students to shine.



Hadden Family Annual Visit to beyond 3:30



Homework Help

Every school night, all **beyond 3:30** students receive homework support and hands-on learning opportunities from teacher-certified staff members. Currently, there is a major focus on science, technology, engineering, math (STEM) and entrepreneurship. Not all students have access to tools or mentors to help them learn in these areas. With many traditional, entry-level jobs facing extinction due to automation, we know that youth in low-income neighbourhoods risk even greater marginalization moving into the future. We saw this as a significant gap, so we've decided to do something about it. For the past two years, we have been offering STEM workshops as a part of our homework help component. It started with a pilot at eight sites, and since then we have rolled out STEM workshops across all 18 sites.



Girls Strong

New this year, we piloted a “Girls Strong” entrepreneurship component. At **beyond 3:30 - Lawrence Heights**, a number of girls were given the opportunity to create a product, develop a marketing plan and sell what they created. This was wildly successful – students learned how to create an entire business plan by baking and selling cake pops – and they even made over \$100 in the process, which they donated to SickKids Hospital.



Food & Nutrition

Junior Chef's Club

Across all 18 sites, a rotating group of five students prep, cook and serve a healthy supper, and then they do the dishes too. From collecting coupons to planning weekly meals (even helping with the grocery shopping!) **beyond 3:30** students learn valuable life skills – preparing healthy and affordable meals.

6-Foot Snackdown:

Similar to previous years, we worked hard to spice things up in the kitchen by providing enriching opportunities. Our 6-Foot Snackdown event encouraged students to create ridiculous and delicious 6-foot long sandwiches. From a macaroni and cheese sandwich to a poutine sub, they tried it all!

Junior Chefs' Culinary Challenge:

In the fall, five students from each site attended an off-site professional cooking workshop. After experiencing a live cooking demonstration by a trained chef, students were given a recipe and were tasked with preparing butternut squash Mac and Cheese. After these workshops, the three sites that created the best dishes made it to the Junior Chefs' Culinary Challenge finals, where they prepared their own creations in front of a panel of judges.



Junior Chef's Club Impact Story:

*"Two years ago, a grade 6 boy with autism signed up for **beyond 3:30** after his teacher encouraged him to. When the boy first arrived, he didn't want to cook, he didn't want to play sports and he certainly didn't want to do his homework. He sat by himself with his arms crossed, rarely making eye contact with anyone. One day, after some encouragement from staff and students, he decided he wanted to help in the kitchen. We tried not to show too much excitement to scare him off, but he seemed to flourish when he was preparing food. After a few weeks as a Junior Chef, he learned about an opportunity to participate in a cooking workshop and a cooking competition. This changed everything! After the workshop, he was dedicated to being on the winning team at the competition. After qualifying for the final "cook off", he was even more determined. As soon as he got to **beyond 3:30**, he would go straight to the kitchen. While he was using the kitchen to practice for the competition, we realized that preparing food was his tool to quiet his anxieties. Once competition day rolled around, he was so nervous. We weren't sure how he was going to handle the new space – the sounds and the lighting - and people, but he used all his cooking strategies to focus on the food. He worked well with the team and, the best part, they won first prize...two years in a row! He is now in grade 8, and this is his last year at **beyond 3:30**. When I asked how he was feeling about high school, he said as long as he can cook, he'll be okay."* – DA Morrison



Sports & Physical Fitness

Every school night, **beyond 3:30** participants engage in a minimum of 60 minutes of physical activity. From hip hop to basketball, from yoga to cricket, participants try it all. And the best part is they are increasing their heart rate, learning teamwork skills and having fun!



Blue Jay's Game

Like last year, to get them excited for their workshops and sporting events, **beyond 3:30** students had the opportunity to see a Toronto Blue Jays game live. For many grade 6 students, this was the first time they got the chance to see a live sporting event of this caliber.

Baseball & Basketball Tournaments

In addition to our annual **beyond 3:30** baseball tournament, this past winter students participated in our first ever **beyond 3:30** basketball competition. After weeks of skills-based coaching, students made their way to Ryerson University's gym for a site-wide basketball tournament. The competition, the facilities and the energy motivated students to bring their 'A' game. While all the students played their hearts out, D.A. Morrison walked home with the **beyond 3:30** Basketball Champion title...for this year.



B330 Junior – Pilot

In January, at two sites – Dixon Grove and Carleton Village – we embarked on a **beyond 3:30 Junior** pilot program, opening our doors to students in the junior years of school (ages 7-10). While the core pillars of the **beyond 3:30** program remain, we developed targeted programming for a younger audience.

At Dixon Grove, junior and middle school aged students stayed in separate rooms and the programs ran parallel but with limited interaction. At Carleton Village, **beyond 3:30 Junior** students joined the older students twice a week, with the older students facilitating games and activities for the entire group. The **beyond 3:30 Junior** program has made a huge impact on all students involved, so much so that we have plans to open two additional **beyond 3:30 Junior** sites next fall. This means that we will open our doors to 18 **beyond 3:30 Junior** sites and 4 **beyond 3:30 Junior** sites.



Beyond's Got Talent

Beyond's Got Talent isn't a regular middle school lip synch show or school play. This talent show brings together students across all 18 sites to compete for the number one title and prize - a Serge Ibaka signed Raptors jersey! Students worked all year perfecting their song choice, creating a dance routine, writing their very own rap song and practicing countless to perform for a live audience and panel of judges. What we noticed is that Beyond's Got Talent motivates students to sign up for and come to **beyond 3:30**. For many participants, this was their first time performing on a stage in front of judges and their peers. This opportunity gave students something to work towards, helping them build self-esteem and confidence. This year, students brought their "A" game and we could not have been more impressed.



Budgets and Allocations

Student Nutrition	2017	2018	2019	2020	2021
Bloordale	\$ 7,500	\$ 4,500	\$ 3,000		
Briarcrest	\$ 7,500	\$ 4,500	\$ -		
Dublin Heights	\$10,000	\$ 6,000	\$ 4,000		
George P Mackie	\$ 4,000	\$ 2,400	\$ 1,600		
Hilltop	\$ 9,000	\$ 5,400	\$ 3,600		
Lynnwood Heights	\$ 5,000	\$ 3,000	\$ 2,000		
Mary Shadd	\$ 2,000	\$ 1,200	\$ 800		
Muirhead	\$ 5,000	\$ 3,000	\$ 2,000		
Earl Beatty Jr/Sr PS		\$ -	\$ -	\$ -	
Finch PS		\$ 5,000	\$ 3,000	\$2,000	
Lucy Maud Montgomery PS		\$ 5,000	\$ 2,500	\$1,000	
Lester B Pearson Jr/Sr PS		\$ 8,000	\$ 3,500	\$2,000	
Perth Avenue Jr PS		\$ 6,000	\$ 3,000	\$2,000	
Anson S Taylor		\$ 6,000	\$ 3,000	\$2,000	
Westwood MS		\$ 5,000	\$ 2,500	\$1,000	
York Humber CI			\$ 5,000	\$2,000	\$ 1,500
Beverley Heights MS			\$ 6,000	\$2,500	\$ 1,000
Shirley Street Jr PS			\$ 5,000	\$2,000	\$ 1,500
Elmlea Jr PS			\$ 7,000	\$3,000	\$ 2,000
Humber Summit MS			\$ 7,000	\$3,000	\$ 2,000
Leslieville Jr PS			\$ 6,000	\$2,500	\$ 1,000

One-time Donation	2019
Guildwood Jr PS	\$ 3,000
Central Etobicoke HS	\$ 1,500
Subway Academy 2	\$ 8,000

beyond 3:30	2017	2018	2019	2020	2021
Joseph Brant- b330	\$ 1,667				
Military Trail- b330	\$ 1,667				
Tecumseh- b330	\$ 1,666				
Bliss Carmen- b330	\$ 5,000	\$ 1,667			
DA Morrison- b330	\$ 5,000	\$ 1,667			
Rockcliffe- b330	\$ 5,000	\$ 1,666			
Brookview- b330	\$10,000	\$ 5,000	\$ 1,667	\$ 1,667	
Carlton Village- b330	\$10,000	\$ 5,000	\$ 1,667	\$ 1,667	
Dr. Marion Hilliard- b330	\$10,000	\$ 5,000	\$ 1,666	\$ 1,666	
Emily Carr - b330		\$ 15,000	\$ 12,500	\$ 10,000	
Portage Trail - b330		\$ 15,000	\$ 12,500	\$ 10,000	
Valley Park MS			\$ 15,000	\$ 10,000	\$ 5,000
Greenholme Jr MS			\$ 15,000	\$ 10,000	\$ 5,000
Smithfield MS			\$ 15,000	\$ 10,000	\$ 5,000





Toronto Foundation for Student Success

